

## CLAIMS

What is claimed is:

1. A device for carrying an object, comprising:  
a cradle for supporting the carried object;  
5 at least one carrying strap attached to opposing ends of the cradle, the at least  
one carrying strap forming a single lifting point; and  
at least one restraining strap attached to the at least one carrying strap, the at  
least one restraining strap restraining the sides of the object not restrained by the  
carrying strap when the carrying strap is used to carry the object.  
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2. The device in Claim 1, wherein the at least one carrying strap is  
detachably joined to form a single lifting point.
3. The device in Claim 1, further comprising a handle at the lifting point,  
15 for protecting the person carrying the device.
4. The device in Claim 1, further comprising a means for adjusting the  
length of the at least one carrying strap.
- 20 5. The device in Claim 1, further comprising a means for adjusting the  
length of the at least one restraining strap.

6. The device in Claim 1, wherein the restraining straps number two or more, one of the straps located near the cradle.

7. The device in Claim 1, wherein the device, when empty, folds into a compact configuration for portability.

8. A method for carrying an object, comprising the steps of:  
supporting the object in a cradle;  
attaching at least one carrying strap to opposing ends of the cradle;  
extending the at least one carrying strap up opposing sides of the object to form a single lifting point; and  
attaching at least one restraining strap to the at least one carrying strap to restrain the sides of the object not restrained by the carrying strap.

9. The method in Claim 8, wherein the at least one carrying strap is joined detachably to form the single lifting point.

10. The method in Claim 8, further comprising the step of adjusting the length of the carrying strap.

11. The method in Claim 8, further comprising the step of adjusting the length of the restraining strap.

12. The method in Claim 8, further comprising the step of attaching a restraining strap to the cradle.

13. The method in Claim 8, further comprising the step of folding the cradle, the carrying strap and the restraining strap into a compact configuration for portability.

14. A system for carrying an object, the system comprising:  
a cradle;  
at least one carrying strap attached to opposing ends of the cradle and joined to form a single lifting point; and  
a plurality of restraining straps attached to the at least one carrying strap and acting to restrain the objects within the cradle.

15. The system in Claim 14, wherein the at least one carrying strap is detachably joined to form a single lifting point.

16. The system in Claim 14, further comprising a handle at the lifting point, for protecting the person carrying the device.

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17. The system in Claim 14, further comprising a means for adjusting the length of the at least one carrying strap.

18. The system in Claim 14, further comprising a means for adjusting the length of the at least one restraining strap.

19. The system in Claim 14, wherein one of the restraining straps is  
5 located near the cradle.

20. The system in Claim 14, wherein the device, when empty, folds into a compact configuration for portability.